

# Carer's Allowance claim form

6.4.2026 - | Her Majesty's Revenue and Customs

**Use this form to claim Carer's Allowance by post if you can't claim online.**

If you live in Scotland you cannot apply Carer's Allowance. You need to apply for Carer Support Payment instead.

Read the Carer's Allowance guidance before you claim.

For help and advice on the information you need to put on the form or about the benefit you want to claim, contact the Carer's Allowance Unit.

You can claim Carer's Allowance online.

## Claim by post

To claim Carer's Allowance by post:

- print one of these forms (use the State Pension version if you get a State Pension)
- fill it in with a pen
- post it to the address on the form

## Before you fill the form in online

### If you're using a mobile phone or tablet

You cannot complete the form using a mobile phone or tablet. You have to either:

- use a desktop or laptop computer
- print the form and complete it by hand

Contact the Carer's Allowance Unit to ask for a paper form.

### If you're using a desktop or laptop computer

Use a PDF reader to open and fill in this form. You can download a free PDF reader online.

If you are using screen reader software to access the form, we recommend that you review all of the notes and the questions on the form before you complete it. As you complete the form, you will be guided through the questions based on the responses you provide.

Do not use your computer's browser or, if you are an Apple Macintosh user, the Preview application.

You can save data typed into this form if you use a PDF reader. This means that you do not have to fill in the form in one session.

There are reliability issues with some assistive software, which may mean the form will not save properly.

This form will only save if it is both:

- saved onto your computer
- opened in a recent version of PDF reader

The form will not save in:

- versions of Acrobat Reader older than version XI
- some other PDF readers, for example Preview on a Mac or Foxit on a PC

## **If you need this form in a different format**

Contact the Carer's Allowance Unit to ask for:

- a printed copy of the form
- a different format, such as large print, braille or audio CD

<https://www.gov.uk/government/publications/carers-allowance-claim-form>